Saint Hedwig Parish

Corner of Beech & Orange Sts.
Manchester, NH 03104

Mailing Address:
147 Walnut Street
Manchester, NH 03104

Phone: 603-623-4835

Parish Website:
sainthedwignh.org

Parish e-mail:
parishoffice@sthedwigparish.comcastbiz.net

Liturgy

Weekend Masses
Saturday: 4:00 pm
Sunday: 10:00 am

Weekday Masses
Mon. Wed., Fri. 5:30 pm
Tues., Thurs. 9:00 am

Holyday Masses:
As Announced

Sacrament of Penance

Fridays 4:00 pm. - 4:45 pm.
Saturday 3:00 pm - 3:30 pm

Eucharistic Devotion

After the morning Mass on Thursdays.

July 5, 2026 Fourteenth Sunday of Ordinary Time

Saint Hedwig Parish Cemetery

71 Old Bedford Rd.
Bedford, New Hampshire

Please contact the parish office for all inquiries pertaining to the cemetery.

July 5, 2026

Parish Staff

Rev. Eric T. Delisle, KCHS
Pastor

Christopher Maynard
Director of Music

Ellie Felch
Parish Secretary

Sr. M. Thomas Lesniak
Pastoral Assistant

Sr. Jacqueline Kazanowski
Mount Carmel Nursing Home Volunteer

Giving Back to God

Due to early submission of the bulletin, last week's collection will appear next week.

Sacraments

Baptism

Please contact the parish if you wish to have your child baptized. Baptisms are celebrated after the 10 am Mass on Sundays, except during the Lenten season.

Marriage

Marriages are booked six months in advance. Please contact the pastor to begin marriage preparation program.

Convent

Sr. Mary Thomas Lesniak, CSSF
Sr. Jacqueline Mary Kazanowski, CSSF

147 Walnut Street, Manchester, NH. 03104
603-232-3115

"Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who prowl through the world seeking the ruin of souls. Amen."

Welcome!

Are you new to the parish?

We are glad you can worship with us at St. Hedwig Parish. Please register at the rectory or in the Sacristy after Mass. If you haven't already, please take a parish registration form at the entrance of the Church and fill it out. On the reverse side of the form, you can make a choice of joining any of the Parish Ministries available at St. Hedwig. When complete, please drop the form in the collection box or mail it to the parish office at:

147 Walnut Street, Manchester, NH 03104

Reflection by Rev. Leonard N. Peterson

I suppose it's a natural choice on this occasion of our 250th anniversary as a nation to focus on the famous people linked with our founding particularly in terms of their special qualities. These make not only for good observation but also for worthy imitation. So, we have, for example, George Washington's courage. Or Thomas Jefferson's eloquence. John Adam's persistence and Ben Franklin's inventiveness. You may have a different list of qualities for the same roster. But all of it would be seen as a tribute to their foresight and vision for what became the United States of America.

Yet on any Sunday morning, of high festivity or more regular celebration, we must pay decisive attention to God's holy Word in the Bible as the first half of every Mass. We call it "the Liturgy of the Word" and so it is. From it we learn various lessons on how best to imitate Christ Jesus Our Lord by focusing on qualities of His seen in their perfection. This ensemble of Readings today puts the accent on His less heralded virtue called "gentleness." That word needs clarification, if for no other reason than the times we live in might argue that it is a waste of time and effort. Here is a good definition of it that I discovered: "Gentleness in the Bible is described as a vital characteristic that embodies humility, kindness, and patience, reflecting inner strength rather than weakness. It is often associated with Our Lord's teachings, and it is encouraged as a fundamental aspect of Christian conduct in relationships with others."

In the gospel for today we have a beautiful aspect of Our Lord's teaching on gentleness: His invitation for all those who are feeling burdened, tired, or overwhelmed, to come to Him for rest and comfort. In today's fast paced world, where stress and burnout are common, we need to hear Him. He wants us to adopt that gentleness in dealing not only with others, but also with ourselves. That's the formula for true peace. Even if we are never as famous as George, Thomas, John and Benjamin.

In the first grade, Miss Grant said that my purple tepee wasn't realistic enough, that purple was no color at all for a tent, that purple was the color of people when they died, and that my drawing wasn't good enough to hang with the others. I walked back to my seat, head bowed. With a black crayon, I brought nightfall to my purple tent in the middle of the afternoon.

In the second grade, Mrs. Henson said, "Draw anything." She didn't care what. I left my paper blank and when she came around to my desk, my heart beat like a tom-tom. She touched my head with her small hand and in a soft voice said, "The snowfall. How clean and white and beautiful!"

God love you and give you a gentle heart.

Summary of This Weekend's Readings

Reading I: Zachariah 9: 9-10

Israel's future king will come to Jerusalem humbly riding on the colt of a donkey. He will bring peace to all nations.

Reading II: Romans 8:9, 11-13

Believers in Christ are to live in His Spirit. On the Last Day, God will resurrect the bodies of the saints.

The Gospel: Matthew 11: 25-30

Only a remnant will trust Jesus. They are to learn from Him as the model of obedience to the Father out of mutual love. Jesus is gentle and humble. He invites us to come to Him, and He will in turn give us more than a bodily rest as held in the Old Covenant, but rather a heavenly rest in the New.

Readings for the Week

Monday Hos 2:16, 17c-18, 21-22 Ps 145:2-3, 4-5, 6-7, 8-9 Mt 9:18-26

Tuesday Hos 8:4-7, 11-13 Ps 115:3-4, 5-6, 7ab-8, 9-10 Mt 9:32-38

Wednesday Hos 10:1-3, 7-8, 12 Ps 105:2-3, 4-5, 6-7 Mt 10:1-7

Thursday Hos 11:1-4, 8e-9 Ps 80:2ac and 3b, 15-16 Mt 10:7-15

Friday Hos 14:2-10 Ps 51:3-4, 8-9, 12-13, 14 and 17 Mt 10:16-23

Saturday Is 6:1-8 Ps 93:1ab, 1cd-2, 5 Mt 10:24-33

Sunday Is 55:10-11 Ps 65:10, 11, 12-13, 14 Rom 8:18-23 Mt 13:1-23 or 13:1-9

MASS INTENTIONS

Saturday, July 4 Independence Day
4:00 pm. **Helen Farmer** by Family

Sunday, July 5
10:00 am. **Michalina Turczyk, Anniversary**
by Daniela & Ken Cooper

Monday, July 6 St. Maria Goretti
5:30 pm. **Edmund Gaulin** by Dennis & Janet Caza

Tuesday, July 7
9:00 am. **Joyce Fitzgerald Guill** by Pam Harvey

Wednesday, July 8
5:30 pm. **Lucille Gustafson, 1st Anniversary**
by John & Valerie Flanagan

Thursday, July 9 St. Augustine Zhao Rong
9:00 am. **Mary Pawlowski, Birthday Remembrance**
by the Family

Friday, July 10
5:30 pm. **Peace in the Ukraine & Israel**

Saturday, July 11
4:00 pm. **Lucien & Muriel Gagne**
by Mrs. Simone Beliveau

Sunday, July 12
10:00 am. **Stella Russell** by St. Hedwig Ladies Guild

Sanctuary Candle

Joyce Fitzgerald Guill

Saint Hedwig Cemetery

71 Old Bedford Road
Bedford, New Hampshire

The time will come when we will need to plan for the day when God calls us home to Himself. After a life well lived, we hope to gain our place in the heavenly kingdom with God. We will also need our place of rest. Saint Hedwig Cemetery is a place of peace and beauty to bring our loved ones to their place of rest, and for ourselves as well. As a part of planning for the future, consider Saint Hedwig Cemetery. Call the parish office at 603-623-4835 for information and our very affordable prices. We will be glad to assist you.

Pray FOR THE SICK

Please pray for the sick and homebound of our parish:

Vera Gorski, Jacques Parent, Kathy Philbert

If you know of any other members of St. Hedwig's who are homebound and could be added to this list, please let Fr. Eric know or leave a message on the parish voice mail. Thank you.

A Prayer for the Sick of our Parish *May you be wrapped up in God's love found deep in His everlasting wings. Carried and kept, safe and cherished. May the healing power of Christ breath across your being now.*

Reading 1: Zechariah 9:9-10

Thus says the LORD: Rejoice heartily, O daughter Zion,
shout for joy, O daughter Jerusalem! See, your king shall
come to you; a just savior is he, meek, and riding on an ass,
on a colt, the foal of an ass. He shall banish the chariot
from Ephraim, and the horse from Jerusalem; the warrior's
bow shall be banished, and he shall proclaim peace to the
nations. His dominion shall be from sea to sea, and from
the River to the ends of the earth.

Responsorial Psalm: Psalm 145:1-2, 8-9, 10-11, 13-14

R. I will praise your name for ever, my king and my God.

I will extol you, O my God and King,
and I will bless your name forever and ever.
Every day will I bless you,
and I will praise your name forever and ever.
R. I will praise your name for ever, my king and my God.

The LORD is gracious and merciful,
slow to anger and of great kindness.
The LORD is good to all
and compassionate toward all his works.
R. I will praise your name for ever, my king and my God.

Let all your works give you thanks, O LORD,
and let your faithful ones bless you.
Let them discourse of the glory of your kingdom
and speak of your might.
R. I will praise your name for ever, my king and my God.

The LORD is faithful in all his words
and holy in all his works.
The LORD lifts up all who are falling
and raises up all who are bowed down.
R. I will praise your name for ever, my king and my God.

Reading 2: Romans 8:9, 11-13

Brothers and sisters: You are not in the flesh; on the
contrary, you are in the spirit, if only the Spirit of God
dwells in you. Whoever does not have the Spirit of Christ
does not belong to him. If the Spirit of the one who raised
Jesus from the dead dwells in you, the one who raised
Christ from the dead will give life to your mortal bodies
also, through his Spirit that dwells in you. Consequently,
brothers and sisters, we are not debtors to the flesh,
to live according to the flesh. For if you live according to
the flesh, you will die, but if by the Spirit you put to death
the deeds of the body, you will live.

Alleluia

***Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the
kingdom.***

Gospel: Matthew 11:25-30

At that time Jesus exclaimed:
"I give praise to you, Father, Lord of heaven and earth,
for although you have hidden these things
from the wise and the learned
you have revealed them to little ones.
Yes, Father, such has been your gracious will.
All things have been handed over to me by my Father.
No one knows the Son except the Father,
and no one knows the Father except the Son
and anyone to whom the Son wishes to reveal him."

"Come to me, all you who labor and are burdened,
and I will give you rest.
Take my yoke upon you and learn from me,
for I am meek and humble of heart;
and you will find rest for yourselves.
For my yoke is easy, and my burden light."

In 1791, Bishop John Carroll wrote and delivered the well-known "Prayer for the Nation," urging American Catholics to recite this regularly with their parish communities for God's blessings on our nation and the Church as we celebrate 250 years of freedom.

Prayer for Government:

We pray, Thee O Almighty and Eternal God! Who through Jesus Christ hast revealed Thy glory to all nations, to preserve the works of Thy mercy, that Thy Church, being spread through the whole world, may continue with unchanging faith in the confession of Thy Name.

We pray Thee, who alone art good and holy, to endow with heavenly knowledge, sincere zeal, and sanctity of life, our chief bishop, the Pope the Vicar of Our Lord Jesus Christ, in the government of his Church; our own bishop, all other bishops, prelates, and pastors of the Church; and especially those who are appointed to exercise amongst us the functions of the holy ministry, and conduct Thy people into the ways of salvation.

We pray Thee O God of might, wisdom, and justice! Through whom authority is rightly administered, laws are enacted, and judgment decreed, assist with Thy Holy Spirit of counsel and fortitude the President of these United States, that his administration may be conducted in righteousness, and be eminently useful to Thy people over whom he presides; by encouraging due respect for virtue and religion; by a faithful execution of the laws in justice and mercy; and by restraining vice and immorality. Let the light of Thy divine wisdom direct the deliberations of Congress, and shine forth in all the proceedings and laws framed for our rule and government, so that they may tend to the preservation of peace, the promotion of national happiness, the increase of industry, sobriety, and useful knowledge; and may perpetuate to us the blessing of equal liberty.

We pray for his Excellency, the governor of this state, for the members of the assembly, for all judges, magistrates, and other officers who are appointed to guard our political welfare, that they may be enabled, by Thy powerful protection, to discharge the duties of their respective stations with honesty and ability.

We recommend likewise, to Thy unbounded mercy, all our brethren and fellow citizens throughout the United States, that they may be blessed in the knowledge and sanctified in the observance of Thy most holy law; that they may be preserved in union, and in that peace which the world cannot give; and after enjoying the blessings of this life, be admitted to those which are eternal.

Finally, we pray to Thee, O Lord of mercy, to remember the souls of Thy servants departed who are gone before us with the sign of faith and repose in the sleep of peace; the souls of our parents, relatives, and friends; of those who, when living, were members of this congregation, and particularly of such as are lately deceased; of all benefactors who, by their donations or legacies to this Church, witnessed their zeal for the decency of divine worship and proved their claim to our grateful and charitable remembrance. To these, O Lord, and to all that rest in Christ, grant, we beseech Thee, a place of refreshment, light, and everlasting peace, through the same Jesus Christ, Our Lord and Savior. Amen.

2026 New Hampshire Catholic Appeal

New Hampshire Catholic Appeal: We thank all who made their gift to the **New Hampshire Catholic Appeal: Future of our Faith II** this weekend. Your gift will enable the Catholic Church in New Hampshire to meet the increasing needs of parishes, our community, Catholic schools, retired clergy, seminarians, and much more. If you were not able to make your gift yet, please visit the website at www.catholicnh.org/nhca or bring your gift envelope that includes your donor ID and parish ID and drop it in the collection basket at Mass next weekend. ***We thank you for your generosity and for helping to reflect the love of Christ throughout our state! Our parish goal for this year is $12,188.00.***

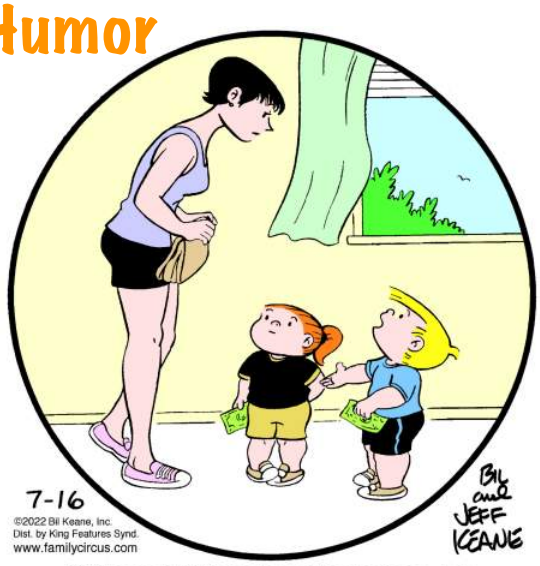
So far we have contributed $5,805.00 towards our goal.

2026 Peter's Pence Collection

This collection this weekend helps to support the charitable works and missions of the Pope throughout the world. Your help can make a difference in the world!

Please use the "My Offering Envelopes" available next to the collection boxes. Write "Peter's Pence Collection" on the envelope. Thank you for your support in the Holy Father's charitables works.

Humor



"Shouldn't our allowance be higher during summer vacation? We put in more hours here."

Join us every Thursday following the 9:00 am. Mass (9:30 am.) at St. Hedwig parish to spend time in prayer and silence before the Lord. It will be the best hour of your life. Adoration will also be live-streamed.

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