



Corner of Beech & Orange Sts.  
Manchester, NH 03104

Mailing Address:  
147 Walnut Street  
Manchester, NH 03104

**Phone: 603-623-4835**

Parish Website:  
[sainthedwighn.org](http://sainthedwighn.org)

Parish e-mail:  
[parishoffice@sthedwigparish.comcastbiz.net](mailto:parishoffice@sthedwigparish.comcastbiz.net)

## *Liturgy*

### **Weekend Masses**

Saturday: 4:00 pm  
Sunday: 10:00 am

### **Weekday Masses**

Mon. Wed., Fri. 5:30 pm  
Tues., Thurs. 9:00 am

### **Holiday Masses:**

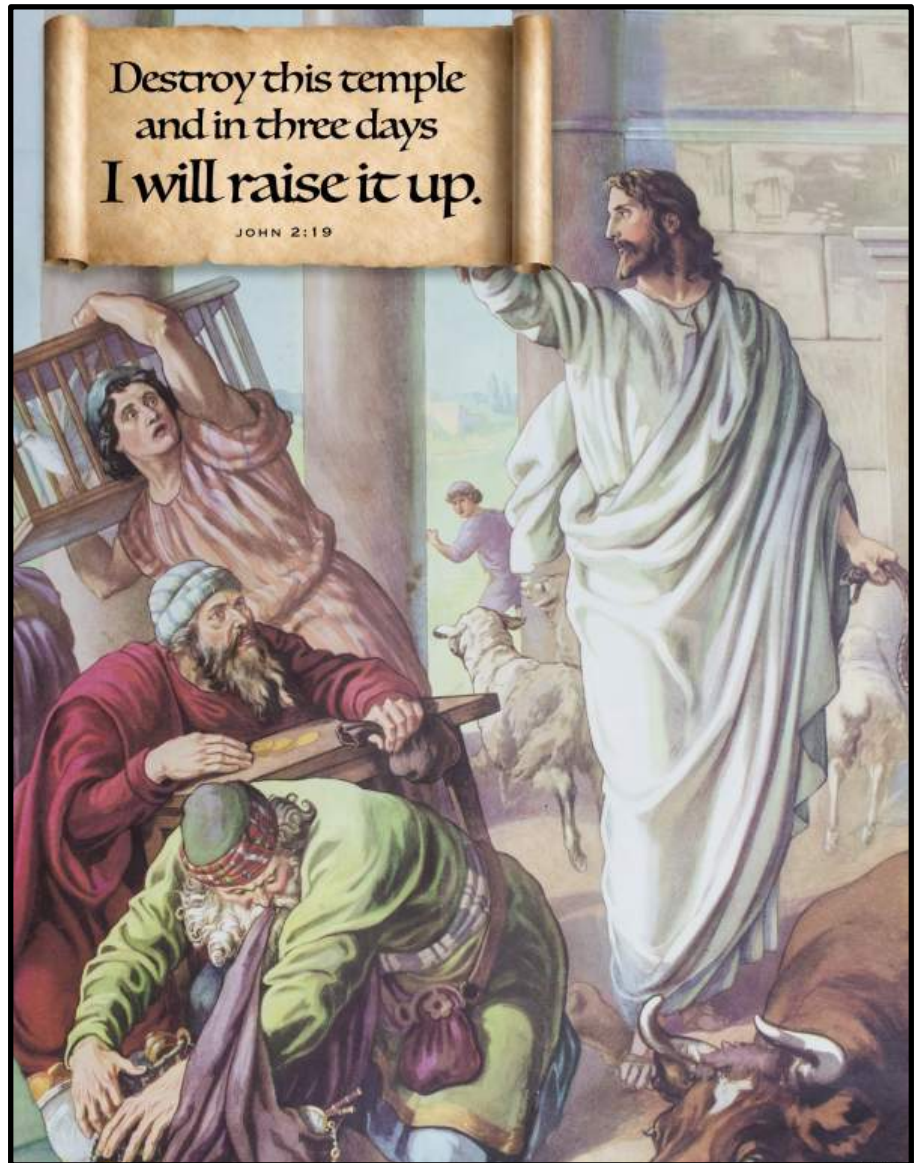
As Announced

*Sacrament of Penance*  
Saturday 3:00 pm - 3:30 pm

*Eucharistic Devotion*  
After the morning Mass on  
Thursdays.

# SAINT HEDWIG PARISH

March 3, 2024 - Third Sunday of Lent  
*Thirty-ninth Sunday after Pentecost*



## Saint Hedwig Parish Cemetery



71 Old Bedford Rd.  
Bedford, New Hampshire

*Please contact the parish office for all  
inquiries pertaining to the cemetery.*

# The Third Sunday of Lent

Thirty-ninth Sunday after Pentecost March 3, 2024

## Parish Staff

Rev. Eric T. Delisle, KCHS      Sr. M. Thomas Lesniak  
*Pastor*                                      *Pastoral Assistant*

Christopher Maynard              Dan Felch  
*Director of Music*                      *Parish Maintenance*

Ellie Felch                              Sr. Jacqueline Kazanowski  
*Parish Secretary*                      *Mount Carmel Nursing Home*  
*Volunteer*

## Sacraments

### Baptism

Please contact the parish if you wish to have your child baptized. Baptisms are celebrated after the 10 am Mass on Sundays, except during the Lenten season.

### Marriage

Marriages are booked six months in advance. Please contact the pastor to begin marriage preparation program.

## Convent

Sr. Mary Thomas Lesniak, CSSF  
Sr. Jacqueline Mary Kazanowski, CSSF  
147 Walnut Street, Manchester, NH. 03104  
603-232-3115



## WEEKLY GIVING

Feb 17 - 23	\$ 837.00
Online Giving	\$ 200.00
Total	\$ 1,097.00

THANK YOU!      DZIĘKUJE!



There is the option of giving on line to the weekly collection. Just go to [sainthedwighn.org](http://sainthedwighn.org). Click on online giving and follow the easy instructions to set up your account. Online giving helps to support the parish even when your are away.

## Welcome!

### ***Are you new to the parish?***

We are glad you can worship with us at St. Hedwig Parish. Please register at the rectory or in the Sacristy after Mass. If you haven't already, please take a parish registration form at the entrance of the Church and fill it out. On the reverse side of the form, you can make a choice of joining any of the Parish Ministries available at St. Hedwig. When complete, please drop the form in the collection basket or mail it to the parish office at:

**147 Walnut Street,                      Manchester, NH 03104**

## Guest Columnist

### Reflection by Rev. Leonard N. Peterson

“Powerhouse” can be defined in a few ways, As a simple plant that produces power. Or as a person who possesses great force of energy, as in “She is an editorial powerhouse.” Today I want to call on the word as an apt description of this weekend’s Readings for Mass.

First comes the Ten Commandments from the Book of Exodus. They are stark, confident, certifiably the divine basics on how to live for a largely illiterate people. Later on in history, the Church will elaborate on their meanings for a more sophisticated audience. So, for example, “Thou shalt not kill” will expand to include more subtle killings, like the reckless use of illicit drugs.

We move on to St. Paul’s Letter, where he contrasts Jewish and Greek religious aspirations with that of the Christian’s, featuring a crucified Jesus as “the wisdom and power of God.” He is blunt and straightforward but impactful. Then we come to the highly dramatic and demonstrably divine act of Jesus, angrily cleansing His “Father’s House,” the Temple, of the rank commercialism that had become common there. This Jesus follows with His symbolic prediction of His death and resurrection.

This threefold combination of Readings here in the middle of Lent leaves us a little breathless, partly because we moderns have become so used to the subtlety mostly used by Satan and the societal enemies of Christ prevalent in our present culture. Yet I find the whole ensemble refreshing, like a hot shower after work or play in the cold. Or a cold shower after the same in summer’s heat.

Here is our one true God, soon to be a crucified corpse followed by a total resurrection prepared for and praised, yet remaining fully human as was the Babe at Bethlehem. Able to take on all the various forms of negativity we face in life with the positive outlook unique to Himself. He only asks His followers, you and me, to take on what we can and do so with His help.

So it is Lent, this penitential season where we face not only the exterior, but also the interior darkness we often take on because we think it’s light. The true Light will blaze forth on the morning of the Third Day, and we will know whose pledge for redemption is the real one.

What a “powerhouse” Faith we are offered; what a confident Hope we gain; what a contagious Charity we can practice! All because of Jesus Christ our Lord!



Please pray for the sick and homebound of our parish:

**Rita Haskins, Vera Gorski, Joseph Heleniak, Julia Korona, Dr. Henry Plodzik, John Golabiewski, Jr.**

If you know of any other members of St. Hedwig's who are homebound and could be added to this list, please let Fr. Eric know or leave a message on the parish voice mail. Thank you.

**A Prayer for the Sick of our Parish** *May you be wrapped up in God's love found deep in His everlasting wings. Carried and kept, safe and cherished. May the healing power of Christ breath across your being now.*

**Pray for the seminarians of our diocese to encourage them in their call to the priestly vocation:**

Christian Collopy, Caleb S. Goff, Nick Wencis, Spencer M. Gregory, Peter Phong Quang Le, Horngam Patrick Razhamah, Andre Nadeau, Deacon Eric Ouellette, Casey Burgess, Jacob Condi, Guillaume Temkkit, Christian Hurlburt



“Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who prowl through the world seeking the ruin of souls. Amen.”

# The Third Sunday of Lent

Thirty-ninth Sunday after Pentecost      March 3, 2024

## MASS INTENTIONS

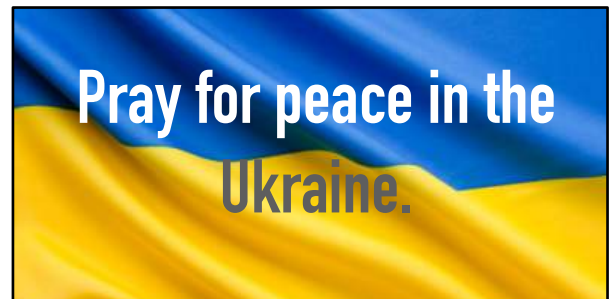
### SATURDAY, MARCH 2

4:00 PM. - +S.p. Helen Warren, Birthday Remembrance  
from Nancy Dudziak



### SUNDAY MARCH 3      3rd SUNDAY OF LENT

10:00 am. - +S.p. Jan, Wiktoria & Władysław Ziarko  
from the Family

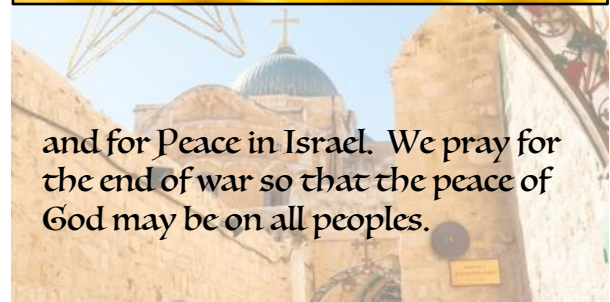


### MONDAY, MARCH 4      Lenten Weekday

5:30 PM. - +S.p. David Williams      from Williams Family

### TUESDAY, MARCH 5      Lenten Weekday

9:00 am. - The Holy Souls In Purgatory  
from Dennis & Janet Caza



### WEDNESDAY, MARCH 6      Lenten Weekday

5:30 pm.. - +S.p. Donald Donovan      from Pedone Family

### THURSDAY, MARCH 7      Lenten Weekday

9:00 am. - Peace in the Ukraine & Israel

### FRIDAY, MARCH 8      Lenten Weekday

5:30 pm. - +S.p. John Dubai, 7th Anniversary  
from Iwona Dubai

### SATURDAY, MARCH 9

4:00 PM. - +S.p. Phyllis Macek      from Walsh Family

### SUNDAY MARCH 10      4th SUNDAY OF LENT

10:00 am. - +S.p. Lucien Gagne      from Mrs. Simone Beliveau

SANCTUARY CANDLE      John Dubai



*O God, You who taught St.*

*Hedwig to renounce the pomps*

*of this world, that, with her*

*whole heart, she might follow*

*the humble way of Your Cross,*

*grant that, through her merits and example, we*

*may learn to trample underfoot the perishable*

*delights of this world, and by embracing Your*

*Cross overcome whatever opposes us. Amen.*

# The Third Sunday of Lent

Thirty-ninth Sunday after Pentecost

March 3, 2024

## Parish Devotional Life

### Sunday Readings

#### Reading I: Exodus 20: 1-17, or 20: 1-3, 7-8, 12-17

Yahweh asserts Himself as the only deity for Israel. Three commands pertain to Him, and seven apply to human behavior.

#### Reading II: 1 Corinthians 1: 22-25

Paul declares that God's foolishness is a crucified Christ, and that it is far superior to human wisdom.

#### The Gospel: John 2: 13-25

After angrily cleansing the Temple of any commercialism practiced there, Jesus predicts His death and resurrection. The disciples will remember His words after the Resurrection.

### Readings for the Week

**Monday** 2 Kgs 5:1-15ab Ps 42:2, 3; 43:3, 4 Lk 4:24-30

**Tuesday** Dn 3:25, 34-43 Ps 25:4-5ab, 6 and 7bc, 8-9 Mt 18:21-35

**Wednesday** Dt 4:1, 5-9 Ps 147:12-13, 15-16, 19-20 Mt 5:17-19

**Thursday** Jer 7:23-28 Ps 95:1-2, 6-7, 8-9 Lk 11:14-23

**Friday** Hos 14:2-10 Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 Mk 12:28-34

**Saturday** Hos 6:1-6 Ps 51:3-4, 18-19, 20-21ab Lk 18:9-14

**Sunday** 2 Chr 36:14-16, 19-23 Ps 137:1-2, 3, 4-5, 6 Eph 2:4-10 Jn 3:14-21



Every Fridays at 5:10 pm. join us for the recitation of the Divine Mercy Devotions as we pray for God's mercy on the world.

**Join us every Sunday for the recitation of the Rosary and the Divine Mercy Chaplet before Mass at 9:05 am.**



“Love the Madonna and pray the Rosary, for her Rosary is the weapon against the evils of the world today. All graces given by God pass through the Blessed Mother.”

*St Padre Pio*



## Saint Hedwig Cemetery

71 Old Bedford Road  
Bedford, New Hampshire



The time will come when we will need to plan for the day when God calls us home to Himself. After a life well lived, we hope to gain our place in the heavenly kingdom with God. We will also need our place of rest. Saint Hedwig Cemetery is a place of peace and beauty to

bring our loved ones, and for ourselves as well. As a part of planning for the future, consider Saint Hedwig Cemetery. Call the parish office at 603-623-4835 for information and our very affordable prices. We will be glad to assist you.

# The Third Sunday of Lent

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## STATIONS OF THE CROSS



Every Friday during Lent

3:00 pm & after the 5:30 pm. Mass (6:00 pm.)



As a part of our almsgiving for the Season of Lent, baskets will be available in the back of the church for the collection of canned goods and non perishable food items for the St. Joseph Cathedral Parish Outreach Food Pantry. Your generosity is greatly appreciated!



### *What to do for Lent?*

This is the question many of us face each year at Lent. We often can't decide on what to "give up" for Lent or what to do.

How do we decide? Do we consult God whom we want to draw closer to and want to become more like? The primary reason for fasting, abstinence, and penance, the "giving up" and doing more, is meant to rid us of whatever gets in the way of our relationship with the Lord and to become more like Him. Consulting Him, outright asking our Father in Heaven, who knows us even better than we know ourselves seems like a logical answer to our question.

### *Lord, what should I give up and/or do extra for Lent?*

- What gets in the way of my relationship with You and with other people?
- Do I spend enough time in daily prayer?
- How can I grow in virtue and what virtue in me needs to be strengthened?
- Lord, what would be most beneficial to fast from? Is it food? Social media? Gossip? Television? Or...?
- Lord, where would You like me to sacrifice or do more? Does my spouse, family or friend need more attention than I give them? Could I do with less sleep and pray more? Should I share my time and money more freely in the community?

### *Lord, what do you want me to do in this Lenten season?*

**We can count on Him and keep His word:**

*"Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Matt. 7:7*

# The Third Sunday of Lent

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## 40 DAYS FOR LIFE

February 14 - March 24

### HELP SAVE LIVES IN MANCHESTER!

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion.

Through prayer and fasting, peaceful vigils, and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

With God's help, here are proven results:

Over 20,000 babies saved from abortion.

Over 200 abortion workers converted.

Over 100 abortion centers closed.

Here's how to take part in 40 Days for Life in our community.

#### Vigil Location:

Outside Planned Parenthood  
24 Pennacook St., Manchester, NH

#### Vigil Hours: 7am. to 7pm daily

**Local Contact:** Norman Thibault  
(603) 289-0574

[40daysforlifemanchester@gmail.com](mailto:40daysforlifemanchester@gmail.com)

Learn more, get involved, and sign up for prayer times by visiting our campaign at the website:

[40daysforlife.com/manchester](http://40daysforlife.com/manchester)

## A Big Thanks!

**To the St. Hedwig Ladies Guild for their most generous contribution of \$2,000 to St. Hedwig Parish. This gift to the parish is greatly appreciated.**

### Eucharistic Adoration on Thursdays



*Come spend some quiet time with our Lord, present in the Holy Eucharist.*

**Thursdays after the 9:00 am Mass  
(9:30 am)**

“In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering.”

*Pope Benedict XVI*

*Adoration is also available at St. Joseph Cathedral,  
Wednesdays 7:30 am - 6:00 pm. in the chapel (Lowell St.)*



### Wednesdays at Pennacook Street

Ever wonder why you are alive at this time? Maybe counseling abortion bound women and men is the reason. Please consider being a sidewalk counselor. Training is available. For more information, contact Cathy Kelly at (603) 206-5306 or [ckelly@pennacookpregnancy.org](mailto:ckelly@pennacookpregnancy.org).



### Zdrowaś Maryjo



Zdrowaś Maryjo, łaski pełna, Pan z Tobą, błogosławionaś Ty między niewiastami, i błogosławiony owoc żywota Twojego, Jezus. Święta Maryjo, Matko Boża, módl się za nami grzesznymi teraz i w godzinę

śmierci naszej. Amen.



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Ryann C. Healy & Daniel J. Healy  
Walter "Skip" Herbert - Directors

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### St. Hedwig Cemetery

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BEDFORD, NEW HAMPSHIRE 03110



Office Located at  
147 Walnut Street  
Manchester, New Hampshire 03104  
PHONE: 603-623-4835

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### Mallory's Army Foundation

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Message and data rates may apply.

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